

EVENTS OF INTEREST  
IN SOCIAL CIRCLES

## WOMAN AND THE HOME

DOMESTIC HELPS AND  
AIDS TO HOUSEWIVES

The young lady across the way says there was a time when Paradise Alley was quite popular, but she doesn't suppose Milton is much read now.

HOW TO GET HUSBANDS  
CHIEF TOPIC IN ITALY

Rome, April 14.—A discussion of "How to get a husband after the war" is being carried on in the columns of the Piccolo. Intense interest is indicated by the number of letters received from young women readers who confess their fears that there will not be enough men to go around. One of these declares her intention to emigrate to the United States in the hope of finding a husband.

Another points out that the unmarried men remaining after the war who have suffered deeply by its hardships will be inclined to select as wives those women unspoiled by the new freedom which the absence of men at the front has given women, that the women to find a husband will have to be modest and obedient. "Girls nowadays are becoming too frivolous," she states, "and such girls do not make good wives." This same young woman then quotes the counsel of the wise Arab, Sidi Ahmed Ben Arun, to his daughter about to be married, telling her that the successful wife must be as earth under the feet of her husband, appear to obey him in all

things; never offend his vanity, or his ears with too much talking; and never contradict him. So shalt thou become both master and mistress in thy house."

Money Order Business  
Shows Great Increase

Figures for the post office year completed on March 31, show a marvelous increase in the money order department, over the preceding year. In 1915, 74,719 domestic money orders were issued, totalling in value \$785,511. In 1916, 154,543 domestic orders were issued at this office, representing in value, \$1,458,009.

Liquids, oils, pastes, salves and other articles easily liquefiable, may now be sent by parcel post between this country and British Guiana, according to an agreement between the Postoffice Departments of the two countries. The articles must be packed in accordance with the postal laws and regulations.

SPRING FLOWERING  
PLANTS.  
JOHN RECK & SON.

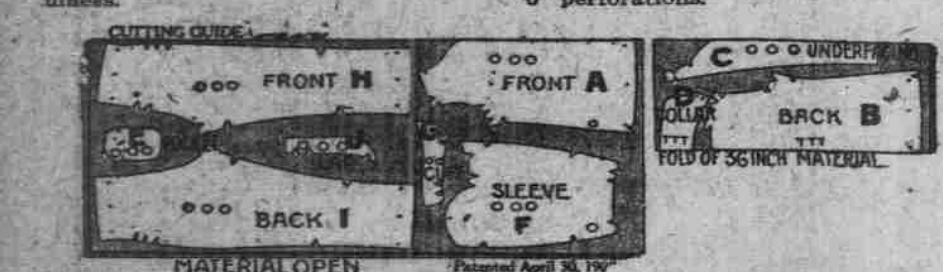
Easy & Practical  
Home Dress Making  
Lessons

Prepared Especially For This Newspaper  
by Pictorial Review

## Comfy Clothes For Father and Son.



Des. for men and boys, the pajamas shown here consist of a single breasted coat and trousers with extra fullness.



Pictorial Review Pajamas No. 1. Sizes 38, 40, 44 and 46 inches bust and 4, 8, 12 and 16 years. Price, 15 cents.

These Home Dressmaking articles are prepared especially for this newspaper from the very latest styles by The Pictorial Review.

LAURA JEAN LIBBY'S DAILY TALKS ON

## HEART TOPICS

Copyrighted, 1915, McClure Newspaper Syndicate

THE KIND OF MEN WHO  
URGE GIRLS TO ELOPE

"Oh, colder than the wind that freezes  
Ponds that but now in sunshine  
played  
Is that congealing pang that seizes  
The trusting bosom when betrayed."

"All the world loves a lover." That is, an honest, upright young man who is worthy of a young woman's affections. The self-same world also heartily detests the unworthy man who gains a young girl's heart by stealth and false pretenses. He is a grave menace if he defiantly lays claim to the girl, refusing to give her up at the pleading and warnings of her kind-folk and friends.

There is no greater blessing sent direct from heaven than the love of a good man. No greater curse can befall a woman than to be the object of the passion of a bad man. The heart of a girl is torn with conflicting emotions between love for her lover and loyalty to her parents. When worthy, sensible parents refuse to give their daughter to a man whose character is disreputable, and the daughter cannot influence them in his behalf, the most ignominious thing such a man can do is to urge the girl to elope with him. This picture he draws for her is deceiving and calculating to still her fears. He tells her that once married her parents will be sure to forgive and forget, releasing them with open arms.

Even the average girl of tender years balks at the thought of eloping. There seems to be something uncanny about it. Girl-like visions of a pretty wedding, a white dress, bridal wreath and bridal roses are a dream very near to her heart. Stealing from her home like a thief in the night, clandestinely meeting her lover, her searching vainly for some one to tie the knot, take a very big nip out of romance so far as she is concerned.

Things never go right with a man who tempts a girl to elope. Freedom if ever is his pockets jingling with money. Such a man has little honor and is not averse to bidding the girl bring along all the cash she can beg, borrow and scrape together. This he takes from her at once for safe keeping as he tells her. The amount seldom lasts them for long. By the time they have gone through it, the girl is sadder and wiser. Romance has gone all to smash. She is disgusted and disheartened at his repeated urgings for her to send home for more money.

A man who would urge a girl to elope has no scruples about downright quarrelling with her. He has lost his respect for her. Real love he never had for her. He is a man who listens to temptation to elope, a man who in her own path. In nine cases out of ten, such men deliberately desert their wives. Ashamed to return home for her to lose, this man's selfishness goes from bad to worse, flung into the whirlpool of the great and wicked city.

Girls, be sure and get the consent and blessing when you marry of the man who have loved and cared for you all your life. Distrust the man who urges you to elope.

MISS LIBBEY'S REPLIES  
TO YOUR LETTERS

Miss Libbey's answers to your letters. Correct name and address must be given to insure attention. Initials printed. Write short letters on one side of paper only. Use ink. Personal letters cannot be answered. Address Miss Laura Jean Libbey, No. 916 President St., Brooklyn, N. Y.

## MARRY NOT IN HASTE.

Mrs. A. S. writes: "I corresponded with a man my age for months. Personal acquaintance is slight. Believe he's worthy of my love. He asked me to become his wife if both satisfactorily agree after his visit this fall. I have two lovely children. Feel very unhappy, my nature craving the love of a true companion. Promises to be a loving husband and loving father to my little ones. His references show his morals are good clean habits. Is it best to correspond or encourage him? Am I just in keeping secure money I have for children's sake till I am convinced of no mistake? Is it proper to accept gift? He wishes to send me a diamond ring. If he visits, is it allowable to dine out with him occasionally?"

If he's not to marry you for your money it may be a good watch. It is proper and the best thing to do to secure without mention what you have for your children. Intending to wed, you might accept his gift. Yes, invite him to dinner and dine out now and then.

A HEBREW YOUNG  
MAN'S QUERY

S. H. F. writes: "I am a young man of twenty-five, worthy, high in principles. I regret that there are no Hebrew young ladies here with whom I may have acquaintance, as I have found this way of finding companionship which will keep your heart from loneliness."

EXPERIENCE  
MAKES PERFECT

H. J. writes: "In reading your advice to others, I would like your ad-

vise too. I am a young man, and have kept steady company with a few girls. I have quit every girl I went with. Have been engaged twice. I broke both engagements because I didn't love the girls. I am well acquainted with a nice looking girl. I was told three years ago by her brother that I could go with her, but I considered her too young. So I waited. I have been in her company a good deal lately and she always likes to tease me about other girls. Would it be proper for me to send her a nice card for her birthday, as it is in June? Please advise me soon how to get a start in going with this girl."

You ought to be able to give advice on how to win a girl's heart instead of asking advice. I could say, however, pursue the same tactics as in the past, but do not propose marriage—'as you really love this girl and intend marriage, and if you are fortunate enough to be accepted, don't tarry in wedding. Very young girls are apt to change their minds. Give a book for her birthday."

LITTLE BENNY'S  
NOTEBOOK

(By Leo Fapo)

Me and pop was in a movie place looking at a movie, ebing a exciting movie about a lady not liking her husband and sticking him wit ha nife, and jest as she was going to stick him with it the usher brawt a big fat man down and sed, Thares a seat in this row, and the big fat man started to push in and got stuck rite in frunt of pop.

Well, move on, move on, I cant see the picture throo you, sed pop.

Thats what you find that out before you started to push in, sed pop. If you move your neeh a little I think ill be able to get past, sed the fat man.

If you get past, I think ill be able to move my neeh a little, after a week or 2, sed pop.

And the fat man kepp on pushing till he got past and pop sed, Alone at last, and Ive missed the hole stabbing scene, and if thares anything that warms my hart, its a well downe stabbing scene.

Lets wait and see the picture over agin, pop, sed.

Thats thawt that reflects grate credit on your hereditary intelligents, sed pop. And we sat there till the stabbing picture started agin, wich it did after a lot of hum pictures, scenery, and jest as the lady got out her nife agin wat did the big fat man do but start to go out and get stuck rite in frunt of pop agin.

In the names of a square deal, is this a free country or is it not, sed pop.

Im stuck agin, sed the fat man.

How intristing, tell me sumthing I dont no, sed pop.

I saw this part of the picture as I was coming in sed the fat man. And I saw the back of your secumments, the same as Im seeing now, sed pop. And the fat man pushed all he got at me and he sed, Thats the lady in the picture was all throo sticking her husband with the nife agin, and me and pop went home.

## TODAY'S POEM

NIGHT.  
Night, thou art so blest with odors  
sweet and strong,  
Thou rousest idliest fancies in the  
mind;  
All hush nuto thee, and I can not  
but long  
To speak of what I in thy stillness  
find.

Thine azure vault spreads wide before  
my wondering eyes,  
And all thy golden lights are burn-  
ing bright;  
It is as if thy stars were one great  
sun that tries  
To cast its rays upon my garden's  
site.

Even the moon, no longer swimming  
in the blue, discovered, turned on  
With placid gaze, seems like thyself  
to burn.  
Though all the while the brook sil-  
lens in plashing ease  
Beneath thy fountains which hide its  
every turn.

—Afanael Afanasevitch Shenshin Fet,  
translated by L. H. Harrison.

LITTLE BROWN BAGS  
TELL PITIFUL STORIES

London, April 14.—Packed away in the pigeon holes of the record office of the Territorial regiments in London buildings are thousands of little brown parcels and canvas bags which have a pathetic interest for the relatives of soldiers who have died in action. There are letters, too, many hundreds of them—the last line, perhaps, to parents, relatives or friends—written just before the battle. Grim relics of the fight, the canvas bags contain all that the soldier left in the way of effects. A wrist watch, a shaving brush, a pipe or a photograph—these are but a few of the mementoes.

ASK FOR and GET  
HORLICK'S  
THE ORIGINAL  
MALTED MILK

Cheap substitutes cost YOU same price.

SPRING FLOWERING  
PLANTS.  
JOHN RECK & SON

THIS QUAIN FROCK  
FOR SPRING MAIDS

DARE SHE SAY?

Seven white net frills edged with val lace mak this hoopy skirt. The bodice has a peplum which extends down the front in a draped panel, this material being a blue and white figured silk. A net bertha gives the last old fashioned touch. This is a design that may be easily copied.

## HOME HEALTH CLUB

(Edited by Dr. David H. Reeder, Chicago.)

VENTILATION AND COLDS: A manufacturer from the East called at the Home Health Club offices a few days ago and wanted to know if there was not some way in which he could prevent himself from taking cold whenever he passed a night on the sleeping cars. I answered that the only time I have had a cold for many months followed immediately after a recent trip to New York which required a day and a night on a Pullman car. I tried my best to get ventilation, but there were so many other passengers that wanted the ventila-tors closed and the heat turned on to the full extent, that I simply had to swelter. I succeeded in securing a berth back so that the fresh air that came in when the doors were opened would help, but as soon as I was asleep the porter very carefully closed and buttoned them for fear I might take cold. Once I woke up during the night and found myself drenched with perspiration. As long as I remained awake I again kept the curtain open and was comfortable.

Air that has been breathed over and over by many people in a superheated and closed room, whether in a car or a house, is no more fit for use than water that has been drunk and voided into the supply that must be used by the people. Air in active motion quickly purifies itself so also does water, but stagnant air like stagnant water is poisonous and as a rule the first and most common result of its use is manifested in what are called colds.

In my own case, clean healthy blood and a strong constitution enabled me to throw off the effects of the cold very quickly, but it was humiliating for a time because I consider it almost a disgrace and in time will be looked upon as a shame and almost a crime to take cold or to have any other easily preventable ailment.

Nearly all people can prevent colds by keeping active through proper diet, the organs of excretion, and by always living in an abundance of pure air.

## CLUB NOTES

I will gladly answer all inquiries for information on health subjects from readers of this publication if same are addressed to Home Health Club, 6088 Cottage Grove Ave., Chicago, Ill. Send full name and address with 4 cents postage.

Dear Doctor: A friend of mine, a woman about 40 years of age, turned on upside of breast. She consulted doctors, who could not agree on what this was but they had it removed in a hospital. In a few weeks the other breast was affected and this was removed in the same way. Again it came on the remaining part of the first breast and she had a third operation, and as I understand it, they peeled the skin back and removed some small lumps running up toward the right shoulder. This all took place in the summer of 1910. The last winter she had pain in the front of her arm and right shoulder and it seems to be a swelling or enlargement. They wonder if the X-ray would be the best treatment to try. I have thought so much about her since I talked with her last and am writing you on my own responsibility. Have you a book on treatment of Cancer? I should like to hear what you think of this case. I can talk with her and write you minute details if you think your method would help her. I hardly think this case has been caused by high living. This woman seems and looks to be in fair general health.

(Answer) Your friend has been treated in a different way from what I would have suggested. As a rule, I do not believe in surgery, but at the same time I well realize that conditions may arise in which surgery means are the only ones that would be of any avail. The fact that through the medium of the Home Health Club many thousands of people have been treated and cured themselves of various sicknesses without the aid of a physician is evidence enough that these same methods are of merit. There is a strong probability that

Protect Yourself!  
Against Substitutes  
Get the Well-Known  
Round Package  
CAUTION  
Avoid SubstitutesAsk For  
**HORLICK'S****THE ORIGINAL  
MALTED MILK**

Made in the largest, best equipped and  
sanitary Malted Milk plant in the world

We do not make "milk products"—  
Skim Milk, Condensed Milk, etc.

Ask For HORLICK'S

**THE ORIGINAL MALTED MILK**

Made from clean, full-cream milk  
and the extract of select malted grain,  
reduced to powder form, soluble in  
water. Best Food-Drink for All Ages.

Used for over a Quarter Century  
Unless you say "HORLICK'S"  
you may get a Substitute.

## Take a Package Home

your friend's case is of a cancerous nature. Still there is some evidence that it is not. Those who have made the operations should have been able to ascertain whether or not the growths are cancerous. Any such operations should be followed immediately with proper medical as well as dietetic treatment. If this had been done (provided her case is really cancer) she would not now be in her present condition. I have studied such conditions and although there is no infallible cure for cancer so far, there is every reason to think that the day will soon come when it will not be more difficult to treat than tuberculosis of the lungs is today. You know that consumption only some ten short years ago was considered fatal and today thousands of people are cured.

In the Home Health Club book, Vol. 2, under the heading of Cancer of the Breast, I have given my views upon this subject. As far as X-rays are concerned my opinion is that they would do no good in her case. They are so catative. There is a large institution in the state of New York where a number of cancerous cases have been treated by such means but the results are not very encouraging. I believe that the principal cure of cancer will be found in just as simple means as consumption and we know that the ozone in the air is an almost infallible cure for consumption. The most simple means of cure are the most plausible and natural that can be employed. I have had a number of cases of that kind treated, some of them were probably not cancer, although so pronounced by attending physicians, and in many cases the results were very satisfactory. If you wish to know further data regarding her case, I shall be in a better position to make further suggestions.

Dear Doctor:—I would like to have you tell me through the columns of the paper how to gain flesh, what to take, eat or do. I would like to gain twenty-five pounds. I am not heavy enough for my height. (Answer) Systematic exercise along the lines laid down in the Home Health Club book, Vol. 1, good wholesome food, plenty of pure water, an abundance of pure air and freedom from worry and nervousness will pro-

vide all that is really necessary. Salted almonds, nuts, rice puddings and layer raisins should constitute the dessert after one of your meals daily. Worry and nervousness are the principal things to overcome. It is better to be a little underweight than over the normal weight. You did not say how tall you were, therefore I cannot tell how far you are below normal.

## CORNER FOR COOKS

Veal Pie.  
Place in a baking dish pieces of veal, one sliced raw potato and half a sliced onion. Pour over soup stock, season well and cover with a dough made as for biscuit. Bake brown.

Rhubarb and Fig Conserve.  
Peel and cut in small pieces four pounds of rhubarb, cover with the same amount of sugar and let stand overnight. In the morning add two oranges chopped fine, one pound of chopped figs and boil until thick.

Green Pepper Soup.  
Heat to the boiling point three cups of milk, add a tablespoon each of flour and butter. Chop one green pepper, fry it soft in a tablespoon of butter, add to the hot milk, boil two minutes and serve.

Olive Salad.  
Cut in pieces a dozen olives, add a bunch of sliced radishes and one sour pickle. Serve on lettuce with a dressing made by mixing three table-spoons of olive oil and two of vinegar and season well.

Honey Blanc Manger.  
Boil two cups of milk, add four table-spoons of cornstarch dissolved in a quarter of a cup of cold water, and boil eight minutes. Add half a cup of honey and turn into a wetted mould. Serve with cream.

Three leaders of the Chinese revolutionaries in Kwang-Tung Province were assassinated during a military conference at Canton.

A Woman's  
Problem

How to Feel Well During Middle  
Life Told by Three Women Who  
Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—

Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and back-ache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Roundy St., Beverly, Mass.

Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KISSLING, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.